Level 2 Training

This guidance has been written by Dr Jennifer Stevens, Paediatric Specialty Trainee in the Wales Deanery.

Trainees entering ST4 may find that their experience in leadership, management and research is limited compared to other areas of their professional development. It would therefore be beneficial to think early about how to further ones experience in these areas early on in the core registrar training. This would go together with ensuring that trainees are familiar with the curriculum for level 2 and ensuring that competencies are met.

Trainees should also be encouraged to think early about any area of interest they may have and use/create opportunities within this deanery to explore those areas and provide evidence of having developed in that field. This would equip trainees for grid applications or for solidifying an area of special interest as a general paediatrician.

Leadership

- Utilise training courses – consult the deanery website for recommendations
- Create opportunities – Focus on quality improvement- think of developments that could improve the service provided by your department and take a lead in defining and developing it. Take initiative, be imaginative and inventive.
- Existing role – show evidence within your portfolio of how you lead ward rounds, run clinics, take the lead in co-ordinating care for a complex patient on the ward (under consultant supervision).

Management

- Writing of clinical guidelines (also ties in with governance).
- Create opportunities – in charge of rota, organising journal club (ties in with governance and evidence based practice).
- Community job provides plenty of scope to develop management experience – organising and running your own clinics, organise and chair MDT meetings / professional meetings.
- Investigate possibility of sitting on larger committees like ethics committee etc.
- Organise medical student teaching in your hospital, organised rota for sprs to take turns to do formal teaching.

Research/audit

- Tailor audit projects to your interest, to support grid applications or to support your special interest as general paediatrician.
- Aim for a publication or presentation from your audit.
- Submit to the Welsh Paediatric Society meetings.
- Utilise other faculties for research opportunities: Cardiff University, public health Wales – rich source of data, could combine with epidemiologists to write a project.

Teaching

- Teaching of junior trainees and medical students on ward rounds; both at the bedside but could also co-ordinate regular sessions amongst the registrars– document in portfolio.
- Create formal opportunities - link with medical school and undergraduate paediatric teaching – currently running communication skills training and are keen for registrars to be involved in; contact Dr Powell, UHW.
• Level 2 child protection training day in the Welsh deanery – once attended a one day course could be eligible to teach on it – variety of allied health professionals as well as health professionals.
• Masters in medical education – a consideration for those who have a keen interest in teaching and the development of its delivery amongst students and trainees.
• Set up mock clinical exams for your ST1-3 trainees
• Set up sessions on written exams to help your junior colleagues
• Ensure that you get to 70% of core teaching – will be one requirement to pass ARCP.

Safeguarding

• Embrace child protection!
• Use opportunity to examine / write reports.
• Try to attend strategy meetings and case conferences. Take opportunity to be medical representative at strategy meetings, with consultant support.
• Core curriculum covers report writing and safeguarding topics for example, neglect and physical abuse. The RCPCH runs a course: From examination to court room, March 2013 (see RCPCH website). The core curriculum teaching session is an opportunity to enquire about the child protection training that the deanery offers as well.
• Ensure have attended level 2 course and enrol on subject specific level 3 courses such as domestic violence, neglect, child sexual abuse.
• Child protection in practice online course; [http://www.alsg.org.uk/CPiP](http://www.alsg.org.uk/CPiP). This is a modular online programme developed by RCPCH, NSPCC and ALSG to provide trainees with their competencies required for their child protection practice.

Personal development

• Set yourself apart from everyone else.
• If you are considering a career as a tertiary subspecialist- utilise study leave weeks to join the relevant team, focus on projects related to that subspecialty in preparation for your grid application.
• Cultivate your interests relevant to your career, utilise OOPE – if not counted for training, assessments are good way to show that you have used the time to develop competencies, keep portfolio updated throughout your time.
• Consider further study – child health masters as distance learning (Cardiff and Warwick universities are popular), diploma or masters in an area of your interest.
• Be aware of other opportunities to get involved with. [Dream Flight](http://www.dreamflight.org.uk) is a charity that organises for children with chronic disease to go to Disneyland Florida, paediatric registrars can attend as part of the medical team to look after the children whilst they are away. [Over the Wall](http://www.overthewall.org.uk) is another charity that organises camps for children with serious illness within the UK and there is need for a medical team to care for the children whilst they are away.
• Wales for Africa Programme – established in 2006 to help deliver the UN millennium development goals which is to half global poverty by 2015. Visit the website for further information (www.wales.gov.uk and search for Wales for Africa).
• If you are interested in international child health, particularly in developing countries, and are eager to explore teaching opportunities or volunteer placements in a rural hospital in South India then contact Jennifer Stevens for further information about how to get involved. There are also opportunities through the RCPCH.