



Core Medical Training (CMT) in Wales.

Medicine offers a diverse range of training opportunities and the Wales Deanery provides a wide variety of CMT programmes to help you get the most from this important stage of your career.

All of our training has been honed to meet your needs and starts by providing you with a rock-solid grounding in the core principles of medicine.

This leads to a number of distinct career strands, designed to give you the opportunities and direction you need to get your career off to the best possible start.

You can join us by applying through the national process, coordinated by the Joint Royal College of Physicians Training Board – and initial interviews for our programmes take place in Wales.

This is Training.

Core Medical Training (CMT) in Wales

One country, three regions

Wales CMT programmes take place across three regions:

- North Wales
- South East and Mid Wales
- South West Wales

You'll remain within your chosen region for the full two years of the programme and for all your 6 month placements, ensuring your specialty training benefits you as much as possible.

A Royal College of Physicians Tutor is posted at every hospital in Wales – providing you with full support and guidance as your Core Training progresses. And wherever you're based, you'll experience the strong sense of community that connects the nation and makes Wales such a rewarding place to train, work and live.

What Wales can do for you

In Wales, we like to go the extra mile for our CMT trainees. Which explains why you'll get access to a free PACES course when you pass your MRCP Part 1. We run two courses a year and use patients and clinical scenarios to mimic the College exam.

As a trainee, you'll also benefit from a structured teaching programme that takes place across five full-day sessions a year. These sessions are mapped to the Royal College Training Curriculum and are mandatory to attend.

And if you're interested in Neurology or Rheumatology, you can learn more about both of these specialties every Wednesday lunchtime with live videoconference lessons featuring real patients.

Training endorsed by trainees

In the 2016 GMC Trainee Survey, the Wales CMT programme came top out of the four UK nations for trainee satisfaction.

Academic CMTs

Academic CMTs follow a three year path, all the way to Masters level. You'll gain the standard CMT curriculum competencies in your first two years and complete your Masters over a third year that takes in research methodology training and a lab based research or medical educational project. As an academic CMT trainee, you'll get support from a dedicated Educational Supervisor for the duration of the programme and receive encouragement to prepare and apply for a Higher Clinical Research Fellowship.

After the successful completion of your CMT, you'll be able to access a wide range of medical careers in specialties including cardiology, dermatology, endocrinology and diabetes, gastroenterology, geriatric medicine, renal medicine and many more besides.